

14TH ADVANCED COURSE OF ENDOCRINOLOGY “Hormones in Expectancy: Endocrine Challenges in Pregnancy”

Organizing Committee: Joana Queirós, Sandra Belo

Programme

15TH OCT 2026

09h00 E-Poster Presentation

Moderator: [Joana Vilaverde](#)

09h30 New Guidelines in Thyroid and Pregnancy

[Sandra Paiva](#)

10h15 Review - Consensus on Diabetes and Pregnancy of SPD

[Maria Lopes Pereira](#)

11h00 Coffee Break

11h30 Oral Communications

Moderator: [Maria Carlos Cordeiro](#)

11h45 Conference

Moderator: [Joana Queirós](#)

Endocrine disorders and fertility and pregnancy: an update

[Ana Carolina Thé](#)

13h00 Light Lunch

15h00 Pregnancy all around

Speed dating with the experts (*Four round tables - participants will rotate every 30 minutes*)

1. Pre-conception and Pregnancy - Management of new and existing therapies
GLP-1 Analogs/ iSGLT2 / Statins | [Sandra Belo](#)
2. Endocrine Oncology | [Susana Garrido](#)
3. AI and CGM in type 1 Diabetes and GDM | [Ana Elisa Lopes](#)
4. Rare Endocrine diseases | [Ana Saavedra](#)

17h00 Awards Ceremony

José Luiz Medina Award | Best Oral Communication

[Joana Queirós](#) (President), [Sandra Paiva](#), [Maria Carlos Cordeiro](#), [Maria Lopes Pereira](#)

Manuel Pinheiro Hargreaves Award | Best E-Poster

[Elisabete Rodrigues](#) (President), [Joana Vilaverde](#), [Sandra Belo](#), [Ana Saavedra](#)